

## Intermittent Pre-Exposure Prophylaxis (i-PrEP) Discussion Questions

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### I am interested (or not) in iPrEP because...

1. All current PrEP trials are based on once-daily dosing of drug (or placebo). Some trials are large enough to show whether this strategy is effective in preventing HIV infection. What is your main reason for interest in less than once daily dosing—iPrEP?

### When I think of iPrEP I am thinking of taking pills for HIV prevention the following way

2. Several iPrEP dosing strategies including once daily dosing have been tested in monkey models. These are described in the accompanying document “A Lexicon of Intermittent Prep Possibilities.” The strategies include regular doses but less frequently than every day, dosing triggered by sexual activity, or some combination of both. Which of these strategies interests you most? Which do you think is most plausible? Why?

### I think that iPrEP is (or is not) important because...

3. These are some of the reasons people have advocated for studying iPrEP, what are your thoughts?
  - a. It might improve “uptake”—that is, how many people would try this prevention strategy
  - b. It would be less expensive.
  - c. iPrEP might be safer than daily PrEP. Less drug to do the job is better than more drug to do the same job.

### If PrEP is shown to be safe and effective then the place for iPrEP is...

4. If current trials show that once-daily dosing of PrEP is safe and effective like studies in monkeys the most reasonable next step(s) is/are (think about the order in which these should occur)
  - a. Implementation of once-daily dosing of PrEP in individuals at high-risk of HIV infection
  - b. Large randomized clinical trials to determine the efficacy of iPrEP
  - c. Implementation of PrEP in individuals at high-risk of HIV infection with adherence counseling informed by iPrEP strategies shown effective in monkey studies
  - d. PrEP may be too expensive and complex to implement in any populations under any circumstances

### If iPrEP worked, would you (or people you know) prefer it to daily PrEP?