

Oral PrEP Access for Pregnant Women in Malawi, South Africa, Uganda and Zimbabwe

Country	Oral PrEP Approved?	Populations Discussed in National Guidelines	How is Oral PrEP Accessed?	Oral PrEP Guidance for Pregnant Women from National Guidelines
Malawi	✓ <input type="checkbox"/>	No guidance	<ul style="list-style-type: none"> Demonstration study 	No guidance
South Africa	✓ <input type="checkbox"/>	<ul style="list-style-type: none"> MSM or transgender persons who want PrEP Heterosexual women and men who want PrEP People who inject drugs All of the above groups include adolescents and sex workers 	<ul style="list-style-type: none"> Clinical Trials Demonstration Projects Implementation Projects Large-scale Implementation Initiative (PEPFAR/DREAMS) Open Label Extension 	<p>“The use of PrEP around the time of conception and during pregnancy offers a means of protection to the uninfected partner. Unfortunately, data relating to the safety of PrEP specifically with regard to the developing foetus are limited, and consequently the onus is on the clinician to discuss potential risks and benefits of PrEP initiation or maintenance during pregnancy with the client.”</p> <p>“In South Africa, the use of TDF/FTC as PrEP in pregnant or breastfeeding women is contra-indicated. However, as the risk of seroconversion during pregnancy is high, the risks and benefits of PrEP should be discussed with potential PrEP users, allowing these women at high risk of HIV acquisition to make an informed decision regarding PrEP use.”</p>
Uganda	✓ <input type="checkbox"/>	<ul style="list-style-type: none"> Individuals at substantial risk of HIV Serodiscordant couples Key Populations include: Sex workers, fisher folk, long distance truck drivers, MSM, uniformed forces & AGYW engaged in transactional sex. 	<ul style="list-style-type: none"> Clinical Trial Demonstration Projects Implementation Initiative Large-scale Implementation Initiative (PEPFAR/DREAMS) 	<p>“PrEP is not contraindicated during pregnancy and breast feeding”</p> <p>“PrEP is safe and effective in pregnancy and during breastfeeding.”</p>
Zimbabwe	✓ <input type="checkbox"/>	<ul style="list-style-type: none"> Serodiscordant couples Anyone requesting PrEP Sex workers AGYW Pregnant women in relationships with men of unknown status High-risk men (MSMs, prisoners, long distance truck drivers) Transgender people People who inject drugs 	<ul style="list-style-type: none"> Open Label Extension Implementation Project Clinical Trials Large-scale Implementation Initiative (PEPFAR/DREAMS) 	<p>“Acquisition of HIV infection in pregnancy or during the breastfeeding period is associated with peak viremia and increased risk of HIV transmission to the baby. As such women at risk of new infections (sero-discordant couples), should be provided with PrEP during pregnancy and breast feeding”</p> <p>“However, individuals belonging to certain population groups may be at higher risk of HIV infection than others and should be offered PrEP. These may include: Female and male sex workers; Sero-discordant couples (the HIV sero-negative partner) Adolescent girls and young women; Pregnant women in relationships with men of unknown status...”</p>